

OUR FAVORITE RECIPES

Tuscan Easter Salad



Ingredients:

- ½ lb (250 g) baby spinach
- 2 fresh artichokes
- 1 fistful fresh fava beans
- 6 tablespoons extra virgin olive oil
- Juice from 2 lemons
- 6 hard boiled eggs
- Salt and pepper to taste

Preparation:

In a salad bowl place washed baby spinach, sliced artichokes (trimmed, keeping only the soft parts that can be eaten raw) and fava beans. Mix together and season with olive oil, lemon juice, salt and pepper. Cut hard boiled eggs into quarters and place over the top of the salad bed. Serve.

Makes 6 servings

